

# October

Meals are served with or without meat options. AIP is a **Nut FREE** environment. Please refrain from meals or snacks that contain these products. All meals are served with milk or water, and fruit.

# 2024

BREAKFAST \$3.75 LUNCH \$4.75

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Bagels w/ sausage _____ Bean & Weenies w/ Roll	2 Waffles _____ Chicken Lo Mein	3 Yogurt Parfait _____ Chicken & Rice Casserole	4 Muffins _____ Nutrition Choice or Lunch from Home	5
6	7	8 Bagels w/ Turkey _____ Chicken Fried Rice	9 Waffles _____ Tomato soup w/Texas toast	10 Yogurt Parfait _____ Salad Bar	11 <b>HOLIDAY</b>	12
13	14 <b>HOLIDAY</b>	15 <b>VIRTUAL DAY TEACH. WORK DAY</b>	16 Waffles _____ Corn Dogs w/ Chips	17 Yogurt Parfait _____ Creamy Potato Soup w/ Texas Soup	18 Muffins _____ Nutrition Choice or Lunch from Home	19
20	21 Oatmeal _____ Chicken Nuggets w/Roll	22 Bagels w/ Turkey _____ Sandwich Bar and Chips	23 Waffles _____ Chicken Noodle Soup W/ Cheesy toast	24 Yogurt Parfait _____ Breakfast Bowl	25 Muffins _____ Nutrition Choice or Lunch from Home	26
27	28 Oatmeal _____ Pizza Rolls and Corn	29 Bagels w/ Sausage _____ Meatballs and Spaghetti W/ Green Beans	30 Waffles _____ Chicken and Sausage gumbo w/ Grilled Cheese	31 Yogurt Parfait _____ Class Parties		