

September

Meals are served with or without meat options. AIP is a **NUT FREE** environment. Please refrain from meals or snacks that contain these products. All meals are served with milk or water, and fruit.

2023

BREAKFAST \$3.75 LUNCH \$4.75

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Breakfast Bar ¹ Nutrition's Choice OR Lunch from Hom	²
³	HOLIDAY ⁴	Oatmeal ⁵ Grilled Cheese Veggie Sticks	Biscuits w/ Chicken ⁶ Chicken Strips, Yellow Rice	Rasin Toast w/ Sausage ⁷ Orange Chicken, Asian Rice	Cereal w/ Milk ⁸ Nutrition's Choice OR Lunch from Home	⁹
¹⁰	Grits ¹¹ Corn Dogs	Biscuits w/ Sausage ¹² Beef Fried Rice Green Beans	Yogurt Parfaits ¹³ Manwich, Chips	Oatmeal ¹⁴ Chicken N Waffles	Cereal w/ Milk ¹⁵ Nutrition's Choice OR Lunch from Home	¹⁶
¹⁷	Oatmeal ¹⁸ Pizza Rolls	Biscuits w/ Turkey ¹⁹ Sandwich Bars, Veggie Sticks	Rasin Toast w/ Sausage ²⁰ Salisbury Steak, Mashed Potatoes, Corn	Grits ²¹ Chicken Pasta, Rolls	Cereal and Milk ²² Nutrition's Choice OR Lunch from Home	²³
²⁴	Grits ²⁵ Cheese Quesadillas	Biscuits w/Jelly ²⁶ Mac N Cheese Green Peas	Oatmeal ²⁷ Hamburger Helper, Green Beans	Yogurt Parfait ²⁸ Fish Sticks Mashed Potatoes Corn	Cereal and Milk ²⁹ Nutrition's Choice OR Lunch from Home	³⁰