

# October

2022

Students not on Meal Plan: \$2 Breakfast/ \$4 Lunch

**Meals are served with or without meat options.**

**AIP is a NUT FREE environment. Please refrain from meals or snacks that contain these products. All meals served with milk or water, and fruit.**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Breakfast Bar Salad Bar Fruit	4 Cheese Grits BBQ Chk Burger Chips Fruit	5 Waffles Gumbo w Rice Fruit	6 Chicken Biscuit Chk & Rice Cass Broccoli Fruit	7 Breakfast of Choice Bring Your Lunch Or Left Over of	8
9	10 <b>HOLIDAY FALL BREAK</b>	11 <b>HOLIDAY FALL BREAK</b>	12 Pancakes Chk Noodle Soup Crackers	13 Sausage Biscuit Yellow Rice Chk Nuggets Salad	14 Breakfast of Choice Bring Your Lunch Or Left Over of	15
16	17 Muffins Sandwich Bar	18 Oatmeal Chk Pasta Spinach Bake Fruit	19 Yogurt Parfait Chilli Roll Fruit	20 Raisin.Toast/Sausage Beef Fried Rice Green Beans Fruit	21 Breakfast of Choice Bring Your Lunch Or Left Over of Choice	22
23	24 Sausage & Cheese Biscuit Chicken Nuggets Fries Fruit Baguette	25 Yogurt w/Granola & Strawberries Spaghetti Green Beans Roll Fruit	26 Oatmeal Hot Dogs Baked Beans Fruit	27 Ham & Turkey Cheese Biscuits Chicken Waffles Fruit	28 Breakfast of Choice Bring Your Lunch Or Left Over of Choice	29

30	31 Pop Tart <hr/> Taco Salad Fruit <b>CLASS PARTIES</b>					
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